

### Unique venture for future generations

In 1984, the UK started a non-profit making organization that aims to develop young people through challenging community and environmental work on projects and expeditions around the world.

This organization is known as the Raleigh International. For the past 20 years, the Raleigh International has brought together 120 young people per year from around the world to work on various expeditions for 12 weeks. Ten expeditions are run each year in groups of 12 to countries such as Belize, Chile, Uganda, Namibia and China. The Raleigh International also operates in Jordan. However, the programme runs for one month and operates under a different name.

The Sabelat El-Hassan is a unique venture for future generations. It is one of the residential projects for the El-Hassan Youth Award (EYA) participants in the gold level and for all of the youth in Jordan.

The intention of this project is to introduce young people to an activity with purpose in a residential setting. This is done through the experience of living and working with others who are not of the same psychological background. Young people will develop maturity and a sense of responsibility from their actions.

It is a youth development programme that enables young people to participate in challenging environmental and community projects around the kingdom in addition to youth exchange programmes with Arab neighboring countries. Environmental projects offer Sabela's young participants (adventurers) the opportunity to be actively involved in a valuable field of research and practical conservations work.

### Sabelat El-Hassan is based on three main elements:

- 1- Offering services to villages and providing social interactions.
- 2- Participating in adventurous programmes.
- 3- Helping in scientific research, environmental projects or surveys.

#### Aims:

- 1- To provide self-confidence.
- 2- To develop a sense of patriotism.
- 3- To develop the personal and humanistic aspects.
- 4- To encourage respect for other societies and their different cultures.



- 5- To develop a spirit of initiative and creativity.
- 6- To develop the spirit of exploring the needs of the society.
- 7- To develop the spirit of voluntary work.
- 8- Developing mental, physical and social skills, which benefit the individual and the society where he/she lives.
- 9- To develop the spirit of democracy through hard work and self-development.
- 10- To encourage international understanding.

### Conditions:

- 1- Must be between 17- 25 years of age for males & females,
- 2- Must be medically fit.
- 3- Must pass physical fitness tests.
  - a- Push - ups.
  - b- Sit - ups.
  - c- Running - males 1600 M females 800 M
- 4- It is mandatory that those who wish to participate in the diving course pass the swimming test.

### Requirements :

- 1- To fill out the Application form.
- 2- To pass the physical fitness exam.
- 3- To pass the selection camp.
- 4- The ability to raise (cash and in-kind) funds to support the Sabelat El-Hassan programme and pay the participation fees.
- 5- To abide by the Sabelat El-Hassan instructions.
- 6- To achieve the Sabelat El-Hassan challenges.

### Instructions:

To abide by the substance of the Sabelat El-Hassan Oath:  
Sabelat El-Hassan ... Love ... Cooperation...Team Achievement.



### Challenges:

- 1- To pass the previous conditions to become selected.
- 2- To raise the required funds.
- 3- Participating successfully in the Sabelat El-Hassan expeditions.
- 4- Positively benefiting & contributing to the community.

### Benefits:

The benefits gained by the youth have an advantage of being real and lasting, as it develops self-confidence and new skills. The participant becomes more understanding, in addition to the feeling of true pleasure for achieving something of true significance.

### Beyond Sabelat El-Hassan:

The Sabelat El-Hassan programme has gained very big national reputation due to the goals, principles and nature of the programme and the special quality of the selected youth.

More important than actively and positively participating in the programme is what awaits the participants after successfully completing the programme and gaining the (Adventurer) title, in addition to receiving the recognition certificate that reflects the acquired skills and experiences gained throughout.

The Award office realizes this important role for youth and has therefore established the Award Holders and Sabelat El-Hassan Adventurers Association, in an effort to coordinate their efforts for the benefit of themselves and their country. Participation in this association is open for all.



**El-Hassan Youth Award National Office-** Royal Scientific Society- jubayha  
Tel: + 962 6 5356687 Fax: + 962 6 5356693  
Operator: + 962 6 5356695 Mobile: + 962 7 5525892  
E-mail: bach-sch@nic.net.jo Website: www.hyaward.org.jo

**North branch:** El-Hassan Sport City-Irbid  
Telefax: + 962 2 7252276  
Operator: + 962 2 7279212 ext. 623 P.O.Box 449 Irbid-Jordan

**South Open Award Center:** Arab Potash Company, Southern Valley  
Telefax: + 962 3 2305121 (3731) Mobile: + 962 7 76482877

**Aqaba branch:** Mobile: + 962 7 99647964



Sabelat El-Hassan

